



Dr. Patrick McGrath

Dr. Patrick B. McGrath is the Director of the Center for Anxiety and Obsessive Compulsive Disorders (OCD) and the Co-Director of the School Anxiety and School Refusal Program at Alexian Brothers Behavioral Health Hospital in Hoffman Estates, Illinois.

Dr. McGrath is a member of the scientific advisory board of the International Obsessive Compulsive Foundation, as well as the President of the Midwest Affiliate of the Foundation. He is also the President of the Anxiety Centers of Illinois, a private group practice.

Dr. McGrath has authored a stress management workbook called "Don't Try Harder, Try Different" as well as "The OCD Answer Book." He has also been featured in many newspapers, journals, and magazines and has been on numerous radio and television programs across the country, including The John Williams Show on WGN Radio, WGN Television News, CBS News, National Public Radio, PBS, The Sally Jesse Raphael radio show, and The Steve Cochran Show. He was recently featured on the Discovery Health Channel's Documentary "Anxious" and filmed episodes of "Hoarding: Buried Alive" for The Learning Channel. Dr. McGrath frequently has speaking engagements around the country, leads an active research program, trains students in the treatment of anxiety, and presents at national conferences focusing on anxiety disorders.

Parents /guardians, students, along with educators and community members are encouraged to attend these programs free of charge.

Anxiety in Adolescents

Date: Thursday, November 5, 2015
Time: 7:00—8:30 pm
Location: Riverside Brookfield High School
Little Theater
160 Ridgewood Road
Riverside, IL 60546

What Parents/Guardians Need to Know About Anxiety in Children and Adolescents

Date: Tuesday, February 9, 2016
Time: 7:00—8:30 pm
Location: Gurrie Middle School
1001 S. Spring Avenue
LaGrange, IL 60525

Register online, www.ladse.org